

Bob Carver's THAI BOXING ACADEMY

March 08

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 24	25	26	27	28	29	March 1
					12:00-1:00 All Levels 4:30-7:30 Free Practice 4:00-5:00 Kali/Silat 5:00-6:00 Testing 6:00-7:30 Sparring and Fighter Preparation	10:00-11:00 Kali/Silat 11:00 - 12:30 Team TBA 12:30 - 2:30 Free Practice 12:30-2:30 Sparring and Fighter Preparation
2	3	4	5	6	7	8
	4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-8:30 Phase III & Advanced	12:00-1:00 All Levels 4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-9:00 Phase III - Advanced - Competitors	12:00-1:00 All Levels 4:30-7:30 Free Practice 4:00-5:00 Kali/Silat 5:00-6:00 Testing 6:00-7:30 Sparring and Fighter Preparation	10:00-11:00 Kali/Silat 11:00 - 12:30 Team TBA 12:30 - 2:30 Free Practice 12:30-2:30 Sparring and Fighter Preparation
9	10	11	12	13	14	15
	4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-8:30 Phase III & Advanced	12:00-1:00 All Levels 4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	 4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-9:00 Phase III - Advanced - Competitors	12:00-1:00 All Levels 4:30-7:30 Free Practice 4:00-5:00 Kali/Silat 5:00-6:00 Testing 6:00-7:30 Sparring and Fighter Preparation	10:00-11:00 Kali/Silat 11:00 - 12:30 Team TBA 12:30 - 2:30 Free Practice 12:30-2:30 Sparring and Fighter Preparation
16	17	18	19	20	21	22
	4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-8:30 Phase III & Advanced	12:00-1:00 All Levels 4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice 5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-9:00 Phase III - Advanced - Competitors	GOOD FRIDAY ACADEMY CLOSED	 EASTER WEEKEND ACADEMY CLOSED
23	24	25	26	27	28	29
	4:30-5:30 Free Practice 5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	4:30-5:30 Free Practice	12:00-1:00 All Levels 4:30-5:30 Free Practice	4:30-5:30 Free Practice	12:00-1:00 All Levels 4:30-7:30 Free Practice	10:00-11:00 Kali/Silat 11:00 - 12:30 Team TBA
30	31	5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-8:30 Phase III & Advanced	5:30-6:30 Phase II 6:30-7:30 Phase I 7:30-9:00 CSW	5:30-6:30 Phase I 6:30-7:30 Phase II 7:30-9:00 Phase III - Advanced - Competitors	4:00-5:00 Kali/Silat 5:00-6:00 Testing 6:00-7:30 Sparring and Fighter Preparation	12:30 - 2:30 Free Practice 12:30-2:30 Sparring and Fighter Preparation